

Delivering Health in Affordable Multifamily

Key to Solving the Housing Crisis

Since 1972, Steven Winter Associates, Inc. has been providing research, consulting, and advisory services to improve the built environment for private and public sector clients.

Our services include:

- Energy Conservation and Management
- Decarbonization
- Sustainability Consulting
- Green Building Certification
- Accessibility Consulting

Our teams are based across four office locations: New York, NY | Washington, DC | Norwalk, CT | Boston, MA

For more information, visit www.swinter.com









By providing a whole-building approach to design, construction, and operation



- Who Do We Build For
- •What Do We Build
- Where Do We Build
- How Do We Build



•Who Do We Build For

Affordable, Work-force, and Middle Housing





Graphic: Camoin Associates

Affordable, Work-force, and Middle Housing





Graphic: Camoin Associates

AMI ~ Greater Portland

Extremely Low Income (0 - 30% of AMI)

Very Low Income (30% - 50% of AMI)

Low Income (50% - 80% of AMI)

Work Force (80% - 100% of AMI)

Market Rate (+120% of AMI)





Who Do We Build For

•What Do We Build

What Do We Build?Renovate/Remodel/Convert?







Office to Residential



HUD
 Community Development Block Grant Program
 Pathways to Removing Obstacles to Housing

BOSTON • Downtown Residential Conversion Incentive Program

DC • Tax Abatements through DC's Housing in Downtown program



Image: Handel Architects Steven Winter Associates, Inc.

Office to Residential

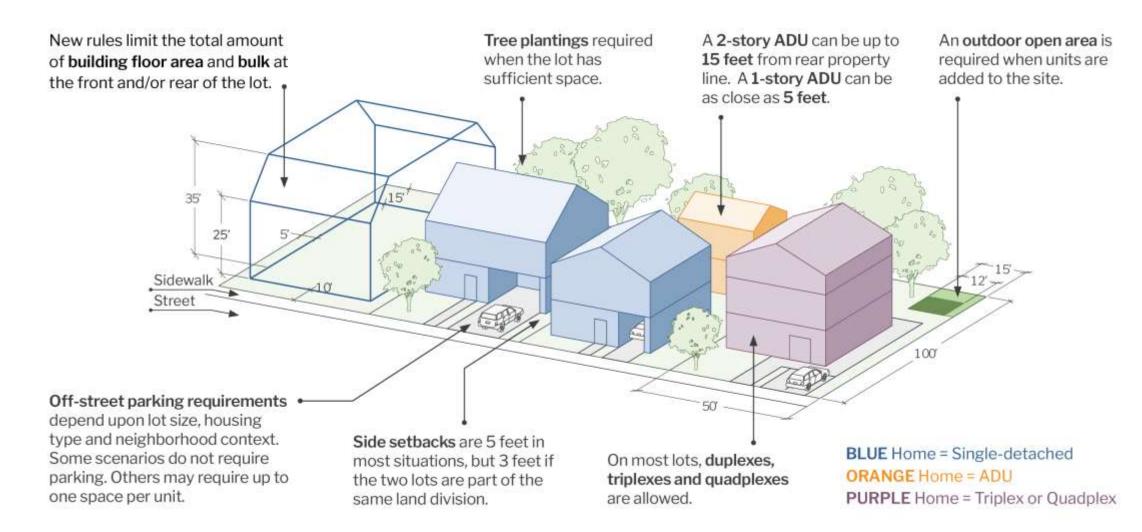




Image: KG Investment Properties

Middle Housing







Peace Village Co-op

Eugene, OR | 2024 70 Permanently Affordable Owner-Occupied Units < 60% AMI

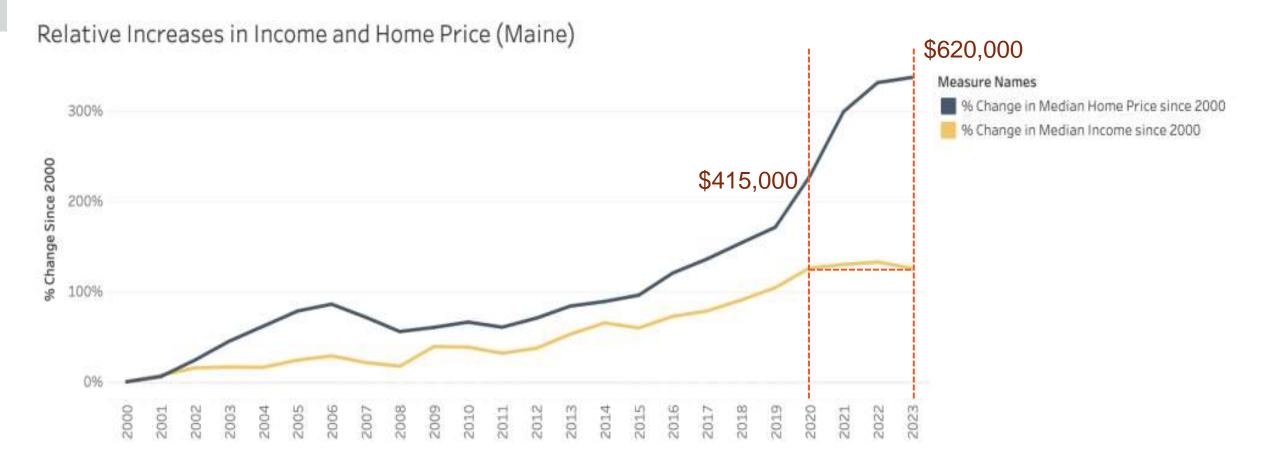
















Address Zoning Restrictions





- Address Zoning Restrictions
- Work with Local Lenders



Address Zoning Restrictions

Work with Local Lenders

Grow Home Strategy



At Initial Sale

1 Bed/1Bath @ 408 SF



Future Opportunity

2-3 Bed/2Bath @ 816 SF_





- Address Zoning Restrictions
- Work with Local Lender
- Grow Home Strategy

| r | Grow Home 408 sf | Two-Bedroom Home (816 sf) [Grow Home with finished 2 nd floor] | | |
|--|--------------------------|--|--|--|
| Estimated Sales Price with subsidy (without subsidy) | \$115,000 (\$210,000) | \$222,000 (\$317,000) | | |
| Mortgage Payment incl. utilities | \$970/month (60% AMI) | \$1750/month (97% AMI) | | |

- Lower-income Buyers can qualify for the mortgage
- \$9,400 annual savings can be put toward construction, free of mortgage interest



- Address Zoning Restrictions
- Work with Local Lenders
- Grow the Home as a Strategy
- Deed Restrict Cap Resale Values



- Address Zoning Restrictions
- Work with Local Lenders
- Grow the Home as a Strategy
- Deed Restrict Cap Resale Values
 - <80% AMI in Perpetuity
 - Affordability Increases Over Time
 - Supports future Generations of Ownership





Incentives and Tax Credits



| HERS Score | | | | | |
|---------------------------|--------------------------|--------------------------|--|---|---|
| ≤0 | | | | | Phius ZERO |
| 30-35 | | | \$\$ | Phius CORE | Phius CORE |
| 30-40 | | | DOE ZERH v2 (Zero Energy Ready Home) | DOEZERN v2 (Zero Energy Reactly Home) | DOE ZERH v2 (Zero Energy Ready Home |
| | \$ | EPA Indoor airPLUS v1 | EPA Indoor airPLUS v1 | EPA Indoor airPLUS v1 | EPA Indoor airPLUS v1 |
| 35-45 | ENERGY STAR* v3.1/3.2 | ENERGY STAR* VAI/3.2 | ENERGY STAR* v3.1/3.2 | ENERGY STAR* v3.1/3.2 | ENERGY STAR V3.1/3.2 |
| 50-80 80-100 IECC 2006 | IECC 2012-2021 | IECC 2012-2021 | IECC 2012-2021 | IECC 2012-2021 | IECC 2012-20 |

ophius.



- Who Do We Build For
- What Do We Build
- •Where Do We Build

Moving to Opportunity



MTO INTERVENTION RELOCATION TO LOW-POVERTY NEIGHBORHOODS

PERSON- AND FAMILY-LEVEL

MEDIATORS

PHYSICAL HEALTH OUTCOMES

Physical Environment

- Cleaner air, fewer allergens

COMMUNITY-LEVEL

MEDIATORS

- More walkable
- Fewer hazards

Community Resources

- Health care facilities
- Access to jobs with health benefits
- Access to fast food, grocery stores, and liquor stores
- Exercise facilities

Social Environment

- Reduced crime and violence
- Collective efficacy
- Peers who eat healthier and exercise more
- Different neighbors

Access to Care

- · Health insurance
- Access to medical care

Exercise and Nutrition

- · Healthier eating
- · More exercise

Safety and Stress

· Less stress

Social Supports

- · More/less isolation
- · More/less support

Physical Health

- General health status
- Difficulties with daily activities
- Asthma
- Injuries
- Hypertension
- Obesity
- Diabetes
- Chronic pain

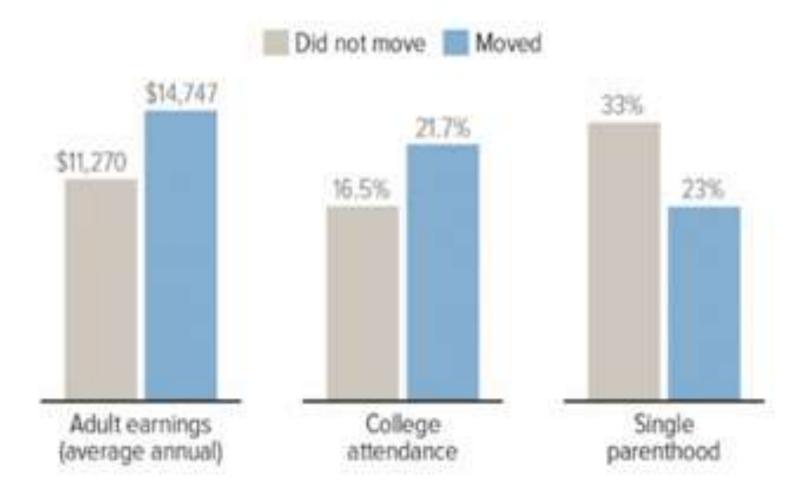
Unhealthy Behaviors

- Smoking
- Drinking

HUD MTO Study

Moving with voucher to Lower-Poverty Neighborhoods





Build Opportunities





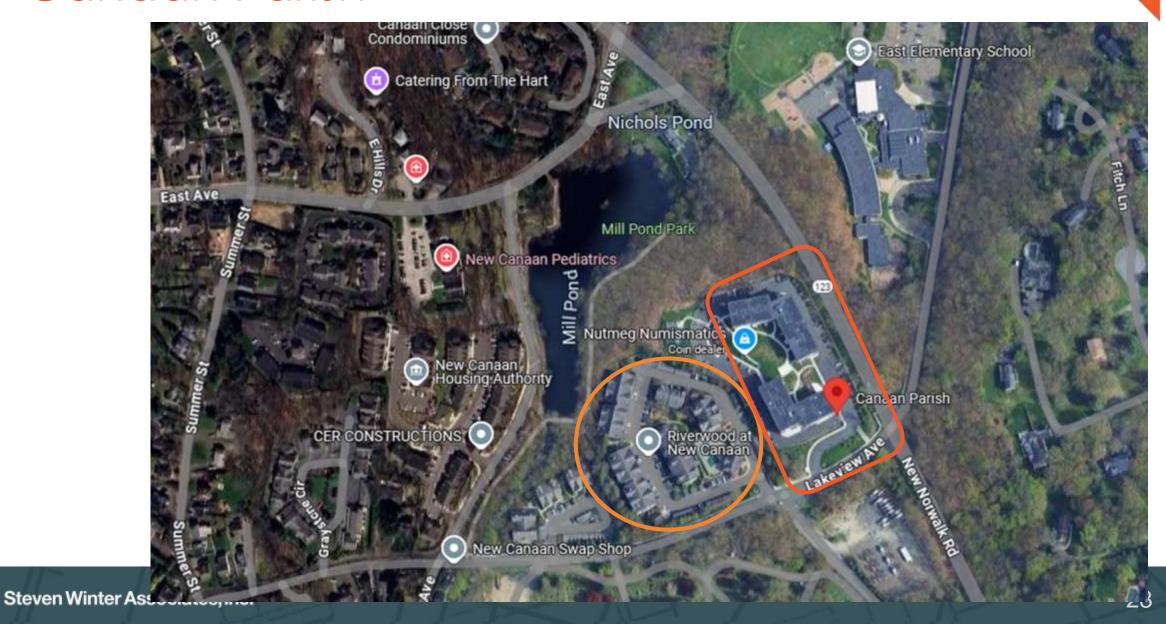


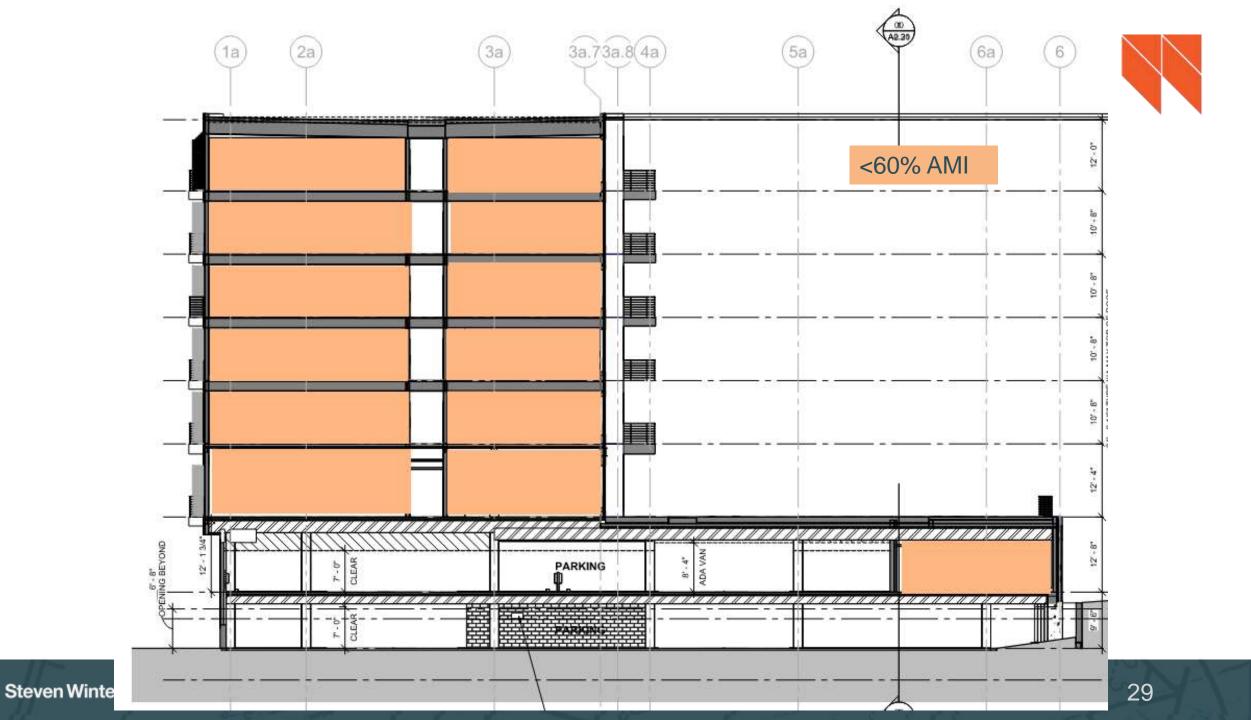
Image: Enterprise Builders Image: Heritage Housing

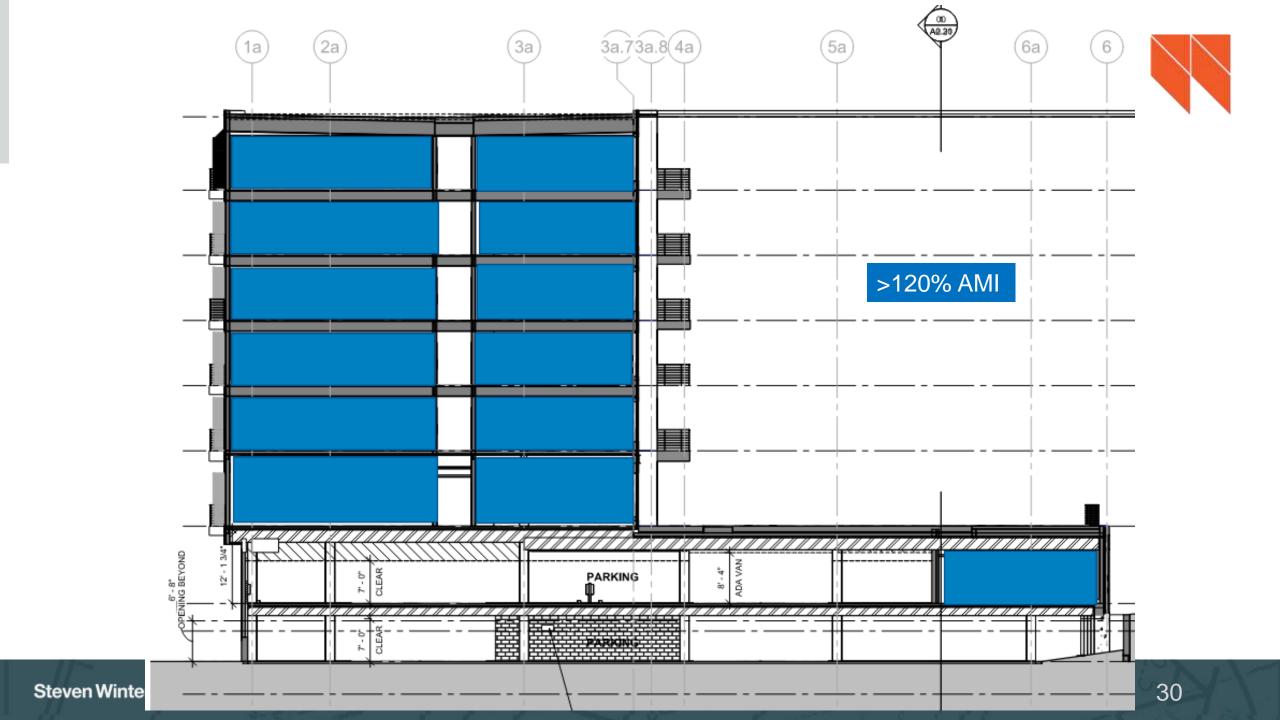
Eagleville Green

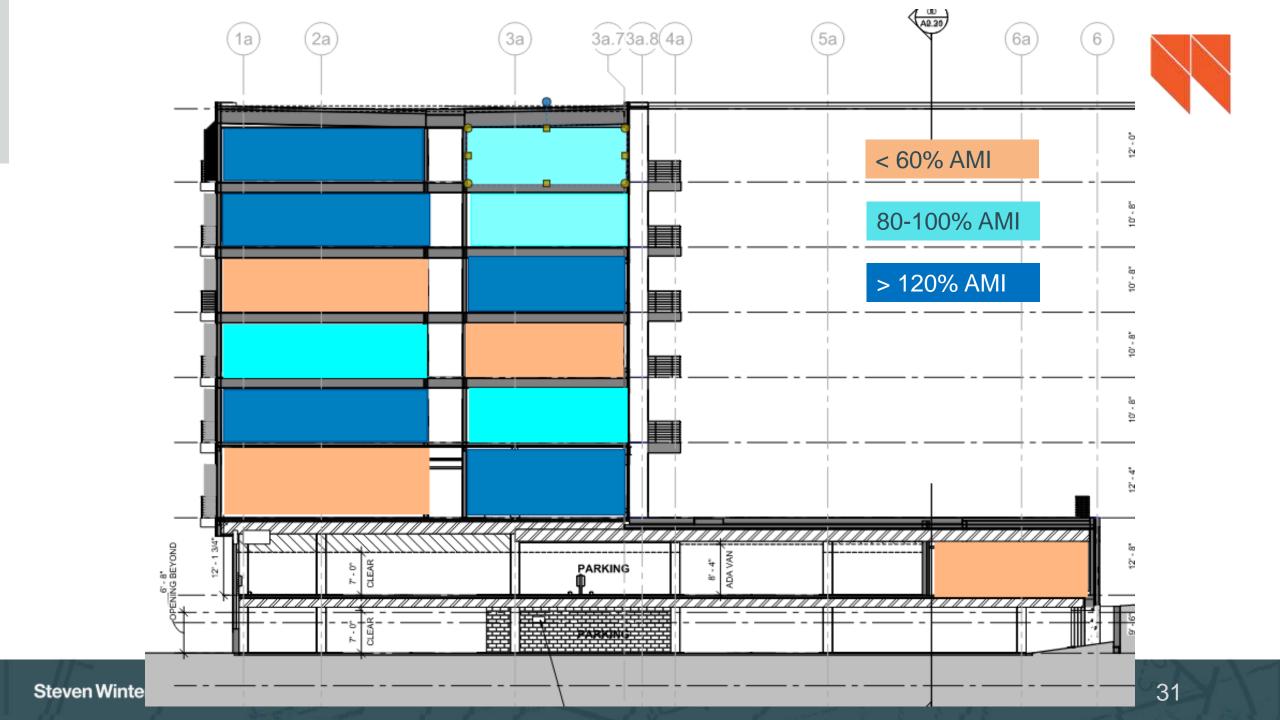


Canaan Parish













- Who Do We Build For
- What Do We Build
- Where Do We Build
- How Do We Build

Case Study

Eagleville Green Mansfield, CT

7 buildings42 affordable units



Eagleville Green

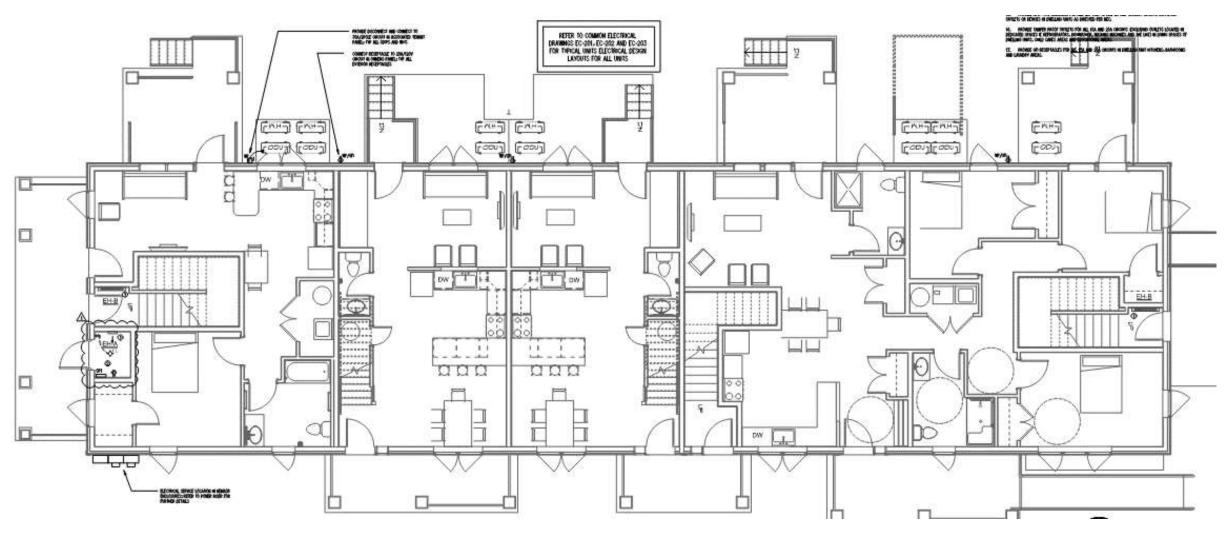






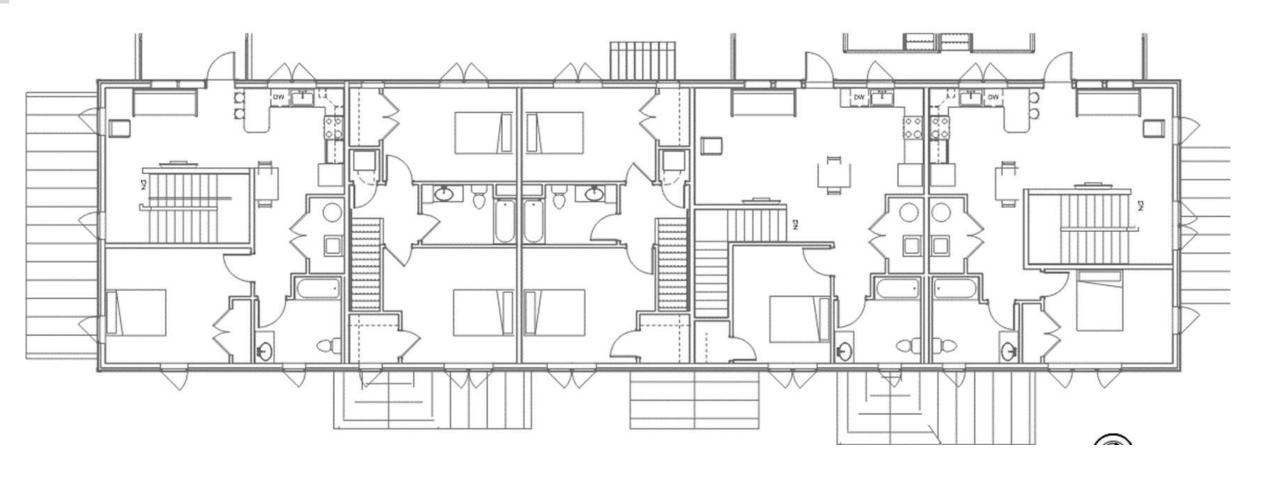
Eagleville Green





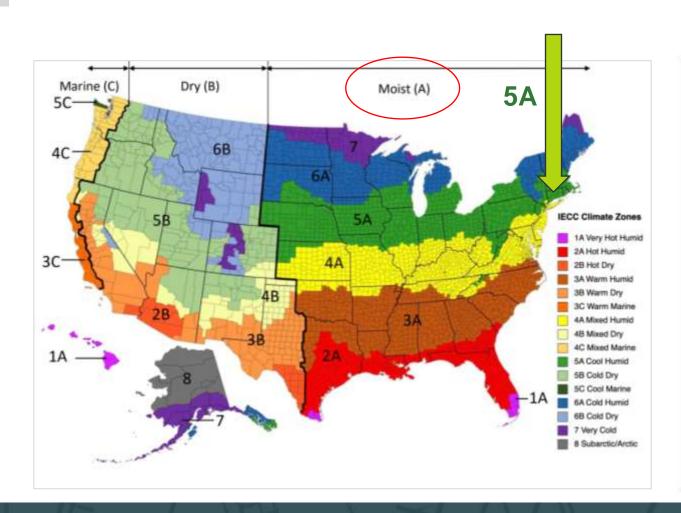
Eagleville Green

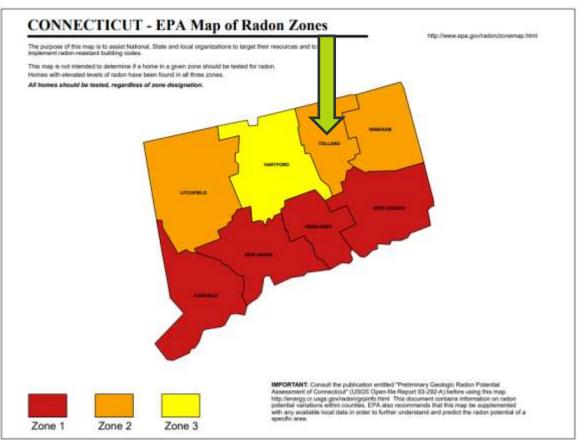




Location Specific Strategies







Radon Zone



MAINE - EPA Map of Radon Zones

The purpose of this map is to assist National, State and local organizations to target their resources and to implement radon-resistant building codes.

This map is not intended to determine if a home in a given zone should be tested for radon. Homes with elevated levels of radon have been found in all three zones.

All homes should be tested, regardless of zone designation.

PISCATAQUIS WASHINGTON PENGBSCOT FRANKLIN OXEO-LINCOLN SAGADAHOC LAND YORK

AROOSTOOK

http://www.epa.gov/radon/zonemap.html

!TANT: Consult the publication entitled "Preliminary Geologic Radon Potential ment of Maine" (USGS Open-file Report 93-292-A) before using this map. http://energy.cr.usgs.gov/radon/grpinfo.html This document contains information on radon potential variations within counties. EPA also recommends that this map be supplemented with any available local data in order to further understand and predict the radon potential of a specific area.





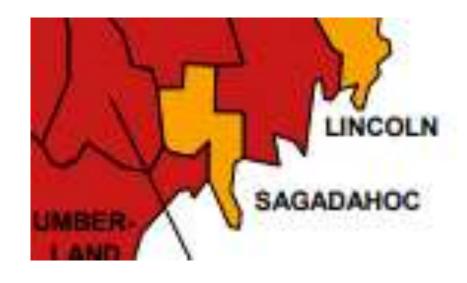


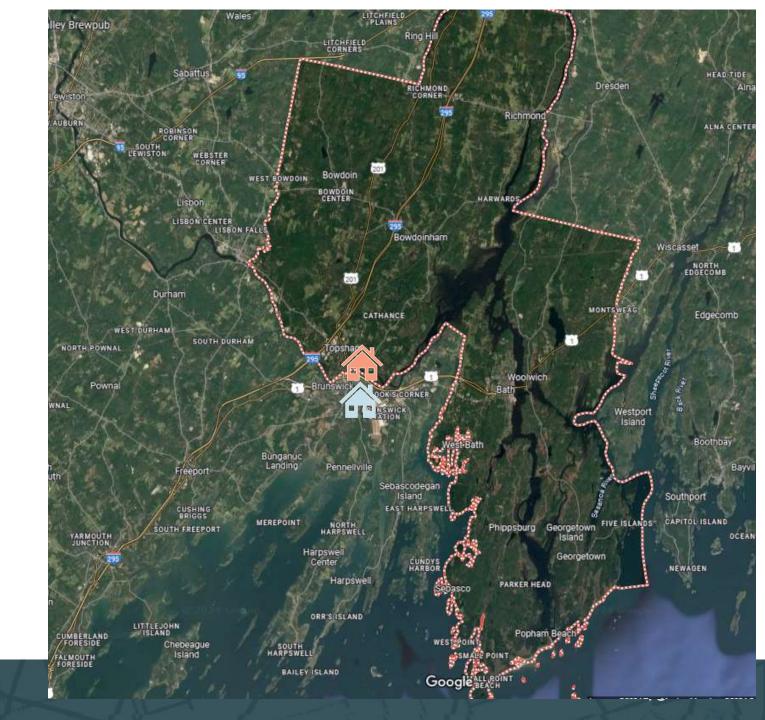
Zone 1

Zone 2

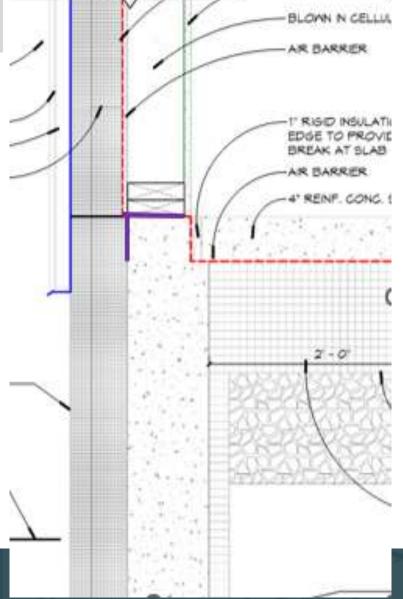
Zone 3

Radon Zone





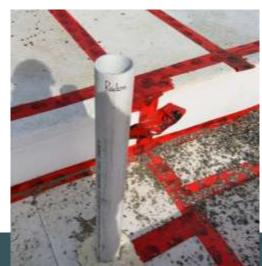
Below Grade











Below Grade





Below to Above Grade







| Mockup | Target CFM | Test (depressure) | Test (pressure) | Average CFM | Results |
|--------|---------------|----------------------|--------------------|----------------|---------|
| Test 1 | 1.32 | 4.37 | 4.39 | 4.38 | Fail |
| Test 2 | 1.32 | 2.09 | 2.09 | 2.09 | Fail |





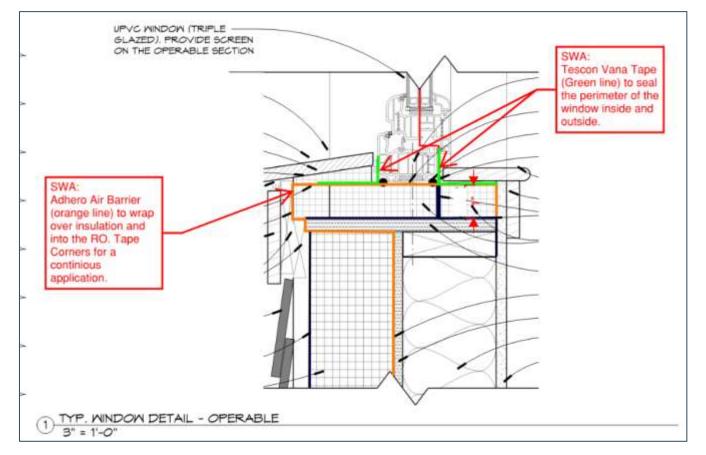










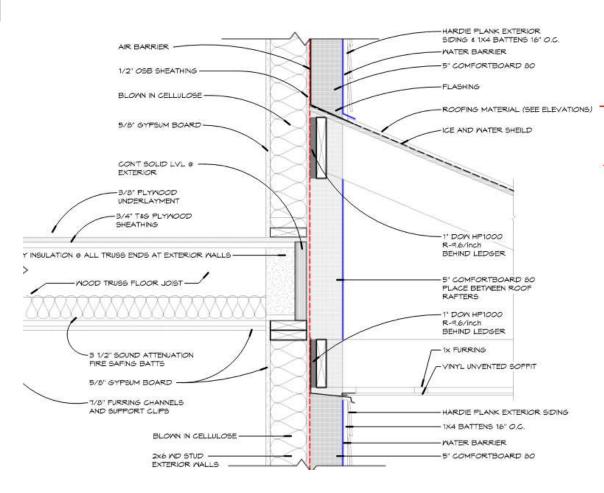


| Mockup | Target CFM | Test (depressure) | Test (pressure) | Average CFM | Results |
|-----------------|---------------|----------------------|--------------------|----------------|---------|
| Test 1 | 1.64 | 1.47 | 1.66 | 1.565 | Pass |
| Test 1 Weeps | 1.64 | 1.64 | 1.64 | 1.64 | Pass |
| Test 2 | 1.13 | 0.505 | 0.505 | 0.505 | Pass |









TYP. EXT. WALL UL DES. #U356 1 HOUR
HARDIE BOARD SIDING & TRIM
FURRING LAYER
CONT. WATER BARRIER
5" INSULATION LAYER GUTEX Multitherm
(COMFORTBOARD 80 OR EQUAL)
AIR BARRIER
1/2" O.S.B. STRUCTURAL SHEATHING Plywood
2X6 WOOD STUDS
BLOWN IN GELLULOSE Ecobatt (fiberglass insulation)
5/8" GYP. BD.



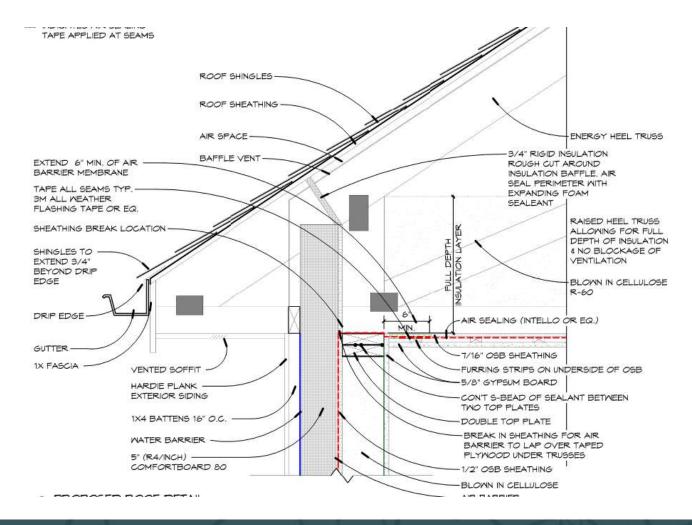


Walls to Attic



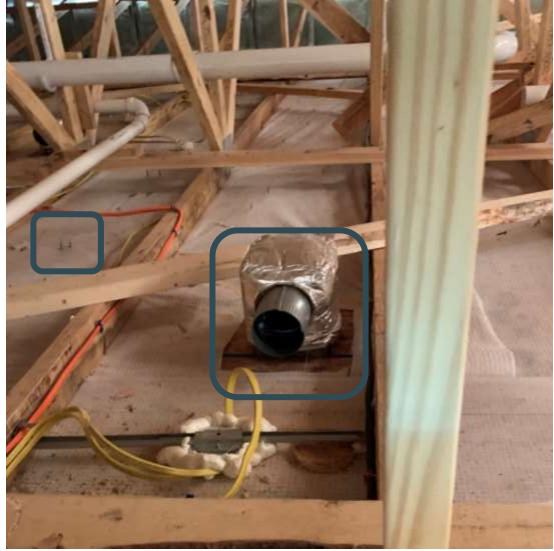






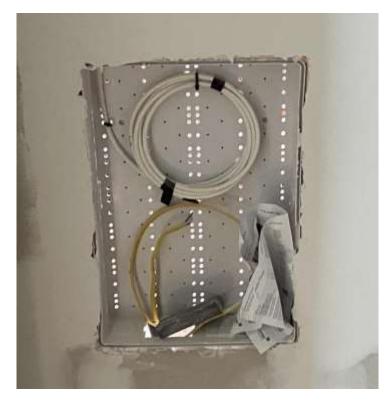
Attic





Design Considerations





Locate media boxes on interior (not common) walls



No pipes in exterior walls



Limit attic penetrations

Ventilation & Filtration









Ventilation & Filtration







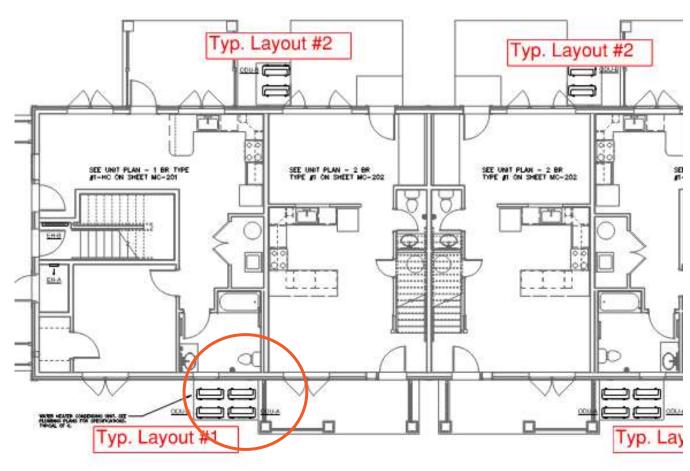






Heating and Cooling







Heating and Cooling



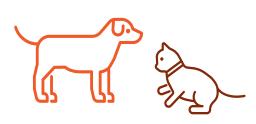


HAC Filtration







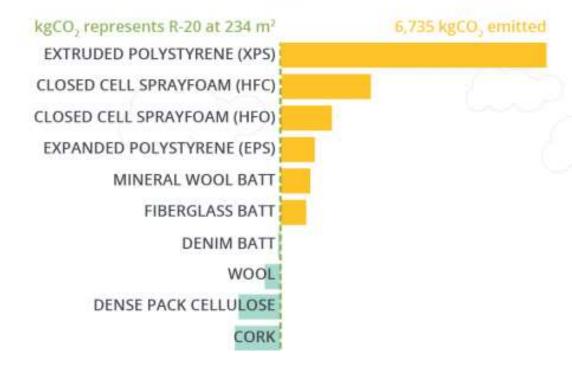








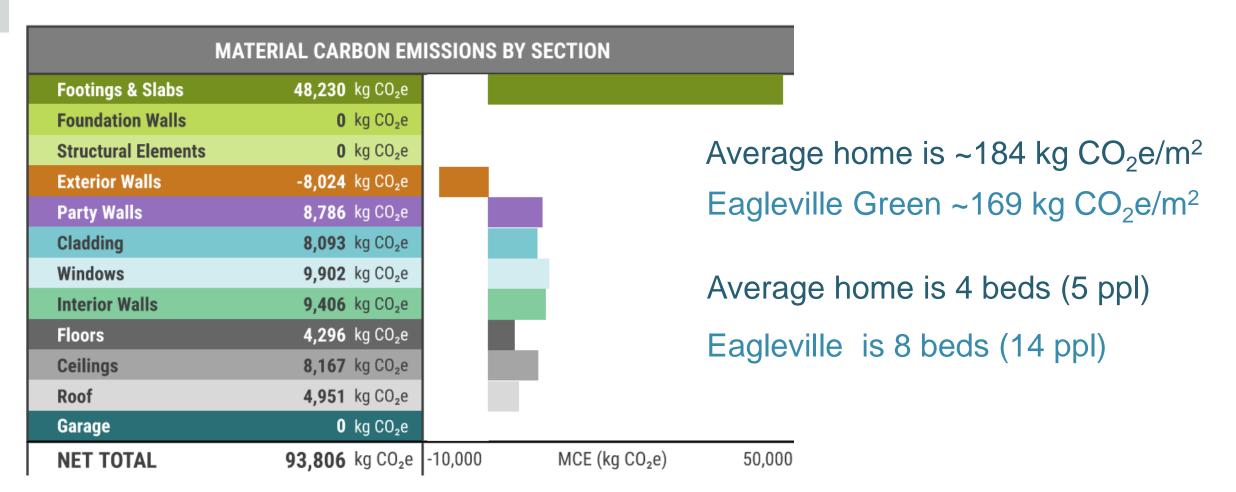
CARBON IMPACTS OF INSULATION















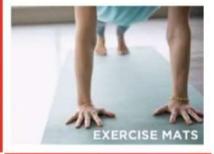


Antimicrobials





















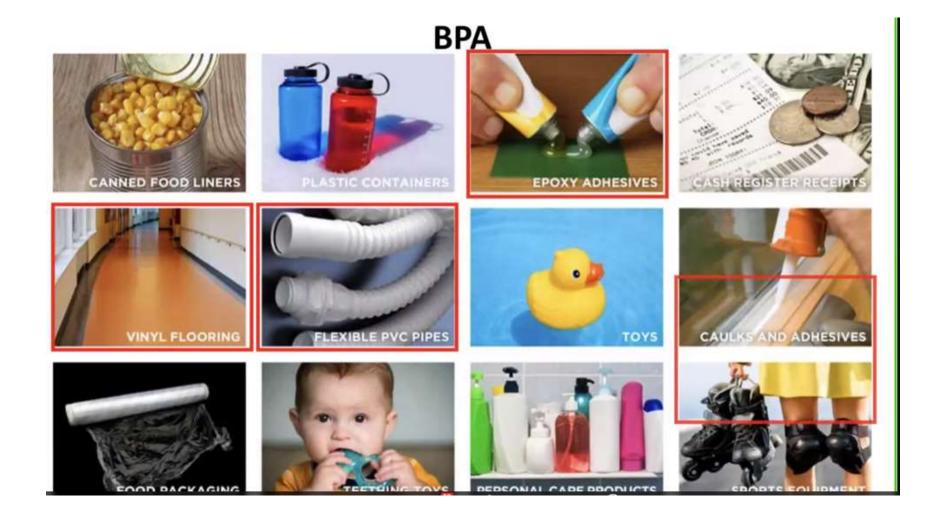


















- Who Do We Build For
- What Do We Build
- Where Do We Build
- How Do We Design, Build,
 Operate, and Maintain

Energy: Modeled vs. Actual Emissions













211 W 29th

511 E 86th

Columbus Commons

Cornell Tech

Hotel Marcel

| | Predicted | Actual |
|-------------------------|-----------|--------|-----------|--------|-----------|--------|-----------|--------|-----------|--------|
| Heating | 0.42 | 3.75 | 0.81 | 1.36 | 0.6 | 1.1 | 1.06 | 5.2 | 5.55 | 7.2 |
| Cooling | 0.79 | 1.09 | 1.18 | 1.39 | 0.4 | 4.1 | 0.92 | 1.9 | 1.34 | 3.8 |
| Domestic Hot Water | 4.53 | 9.4 | 5.81 | 10.04 | 4.4 | 9.1 | 5.88 | 7.8 | 2.69 | 8.4 |
| Lighting and Plug Loads | 8.48 | 16.63 | 7.21 | 20.02 | 9.7 | 8.9 | 9.81 | 16.94 | 20.49 | 42.9 |
| Total EUI | 14.2 | 30.69 | 15.0 | 33.1 | 15.1 | 23.2 | 17.7 | 31.8 | 30.1 | 62.3 |

Energy: Modeled vs. Actual Emissions







| Columbus Commons | | | | |
|--|---------|------|--|--|
| 5 Stories over Amenity/Retail, 80 units, 110,600 GSF | | | | |
| ASHP, NG Central DHW, ERV | | | | |
| HERS Range | 37 - 43 | | | |
| Carbon Index 48 - 53 | | | | |
| Modeled Total Building EUI | 15.0 | | | |
| Actual Total Building EUI* | | 18.0 | | |
| * July 2023 - June 2024 | | | | |

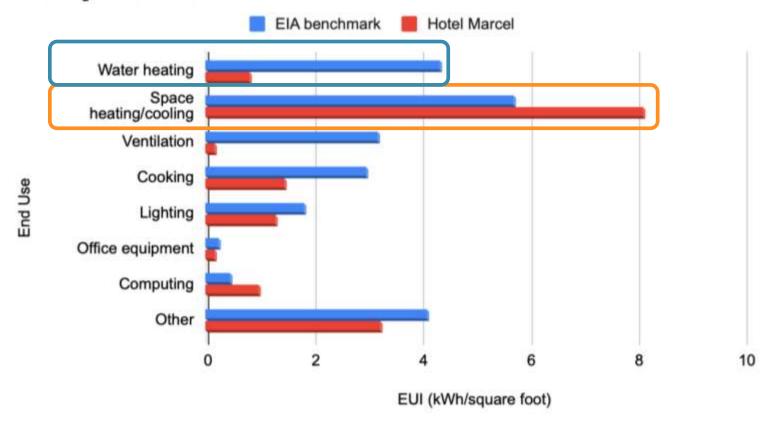
| Hotel Marcel | | | | |
|---|------|------|--|--|
| Renovated 165 Room Hotel, 111,000 GSF | | | | |
| VRF, HPWH, ERV | | | | |
| Modeled EUI 30.1 | | | | |
| First Year, Actual EUI | 62.3 | | | |
| Second Year, Actual EUI* | | 42.0 | | |
| *After Final Cx, and HP Dryers replaced Electric Dryers | | | | |

| Canaan Parish | | | | |
|----------------------------------|--------------------|--|--|--|
| 4 story MF, 40 units, 61,500 GSF | | | | |
| ASHP, NG Tankless, Exhaust Only | | | | |
| HERS Range Carbon Index | 49 - 60 70 - 89 | | | |
| Modeled EUI | 35.0 | | | |
| Actual Total Building EUI* | 45.0 | | | |
| * July 2023 - June 2024 | | | | |

Energy: Modeled vs. Industry Benchmarks



EUI by End Use



Source: EIA Commercial Buildings Energy Survey 2022

Energy: Modeled vs. Actual Emissions





Energy: Modeled vs. Actual Emissions





Key to Solving the Housing Crisis



- Who Do We Build For
- What Do We Build
- Where Do We Build
- •How Do We Build

Key to Solving the Housing Crisis



- Build for Everyone
- Build Diversified Housing
- Build for Opportunity
- Build for Health and Sustainability

Contact Us

Steven Winter Associates, Inc.

New York, NY | Washington, DC | Norwalk, CT | Boston, MA



kbutterfield@swinter.com

203.246.2880





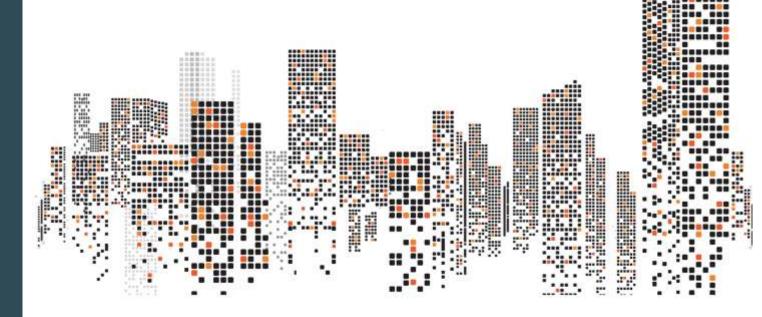
Listen to Our Podcast

- Buildings + Beyond explores how we can create a more sustainable built environment by focusing on efficiency, accessibility, and health.
- Hear from experts across our industry.
- Learn about everything from allelectric commercial kitchens to social and environmental justice.

Subscribe on any podcast platform, including Apple Podcasts and Spotify.







swinter.com/podcast